

VOLUNTEERS NEEDED!



New York Common Pantry's Live Healthy! program provides nutrition workshops and hands-on skills to children and adults about the importance of a nutritious diet and active living.

We are conducting exciting *nutrition education workshops* and *culinary demonstrations* at Farmers Markets'.

We are looking for enthusiastic volunteers to help with:

- Management of workshops
- Organization of crucial survey data
- Setup and breakdown of the booth
- Engaging with the crowd and answering questions
- Creating a positive impact on the NYC community

Tuesdays & Fridays
 Lincoln Medical Center
 Greenmarket (Bronx)

Wednesdays
 Mount Sinai Greenmarket
 (East Harlem)

Morning and afternoon
 shifts available from
 9am to 3pm

Volunteers must be:

- at least 16 yrs or older
- able to stand and work outside in a variety of temperatures and weather conditions
- lift up to 30lbs.

For more information contact
 Monique Marshall at
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Get Involved and Make a Difference!